

Richard, Let Me In! I Am Ready To Access My High Performance Training Program Account!

I Want The Fastest Path To Developing High Performance Habits, To Transform My Life Forever.



---- Step #1: Contact Details ----

Full Name:

Email Address:

---- Step #2: Billing Address ----

Street Address:

City:

State / Province:

Country:

Zip Code / Postal Code:

---- Step #3: Credit Card Information ----

Credit Card Number:

Expiry *:

CVC Code:

Item	Price
<input checked="" type="radio"/> High Performance Training Program	\$1,000

Complete Registration Now
I have read and agree with the Terms of Service

Here's What You'll Get:

- ✓ 8 High Performance Training Sessions with Richard Yu (Value = \$2,000)
- ✓ Weekly Performance Worksheets To Ensure Implementation and Success (Value = \$100)
- ✓ Unlimited Q/A support through FB Accountability Posts (Value = \$200)
- ✓ Monday, Wednesday, Friday Accountability Posts (Value = \$200)
- ✓ High Performance Training Program Community (Priceless... But if we needed to quantify, Value = \$500)
- ✓ Richard's Tendency To Overdeliver... (You will ALWAYS get MORE than what you invest with Richard, Value = Priceless)

Total Value = \$3,000



The 150% Performance Money-Back Guarantee

If you implement EVERYTHING I show you, and don't see a noticeable change in your performance, I'll not only refund you - but even **give you 50% more than what you invested** for wasting your time. **That's the confidence that I have in this program.**



Secure Processing

Each order is processed through a secure, 256-bit encrypted payment processing gateway to ensure your privacy.

The average individual that graduates from The High Performance Training Program saves: 17.24 hours/week.

How much would your life change if you got back 17.24 hours of your week?

Want To See Some Of Richard's Student Success Stories?

Get Started Now!

Waleed Albishri ▶ The High Performance Training Program
17h · 📍

[WIN]

Hey HPTP fam! So far in Richard Yu's High Performance Training Program, **I've saved over [5 of hours] in my day!**

I joined this program 4 weeks ago, in this 4 weeks I did a lot. I have the right mindset now and I closed my social media accounts and eliminated my social media addiction.

Thank you **Richard Yu, The High Performance Training Program** for everything! 🙏

Draco Glacies ▶ The High Performance Training Program
Jul 14 · 📍

Hey HPTP fam! So far in Richard Yu's High Performance Training Program, **I've saved over 38.5 hours in my week** and I continue to save more and more!

Samira Wettasinghe ▶ The High Performance Training Program
Jul 13 · 📍

[WIN]

Hey HPTP fam! So far in Richard Yu's High Performance Training Program, **I've saved over 16 hours in my week!**

Will Teo ▶ The High Performance Training Program
Jul 14 · 📍

[WIN]

Hey HPTP Fam!
William here and I am really excited and could not believe it that I am already three modules into the training program. Till today, under Richard's High Performance Training Program, I have saved in total a massive **20 HOURS** in a week!

Maria Oliva Sánchez ▶ The High Performance Training Program
Jul 14 · 📍

[WIN]

Hey HPTP fam! So far in Richard Yu's High Performance Training Program, **I've saved over 22.3 hours in my week!**

Christin Gillespie ▶ The High Performance Training Program
Jul 14 · 📍

[WIN]

Hey HPTP family! I just wanted to post about how amazing the HPTP is! I think we can all agree that this program is transforming all of our lives for the better! To give everyone an update, so far in Richard Yu's High Performance Training Program, **I've saved over 8 hours in my week!** Which is amazing!

Jimmy Yang ▶ The High Performance Training Program
12h · 📍

[Performance Accountability]

Week 2 completed ! This week is definitely going to change my life, and I have never been happier than I am now ! Few months ago, I was struggling to be consistent and productive. I blamed myself a lot because I thought I studied very hard, but the grades didn't meet my expectation, and I had no time to prepare my software engineering internship . Now, I realize how important is working smarter and more efficiently. Being productive does not mean working busy!

I save 10 hours in this week by spending less time on social media ! Also, I woke up before 7 am every day in order to finish my hardest tasks in the morning. My tasks have been finished two days earlier than the deadline! I'm glad to see my improvement.

Joseph Pusateri

1. I need to finish the first draft of an SOP for the team. As part of my effort to delegate non-essential tasks, this is a key item to have available for dissemination to the team next week.
2. Went to bat for high performer on our team. I was key a part to qualifying him for a much-needed bonus from his parent organization.
3. So far, I've managed to **delegate approximately 4-5 hours of work**, saving my time for more important tasks.

Ashleigh Dominguez is with **Jacqueline Ferrari** and **7 others**.
★ Rising Star · 12h · 📍

[Performance Accountability]

[Bonus Performance Accountability]

[Give]

[Win]

Win-

Hey HPTP fam! So far in Richard Yu's High Performance Training Program, **I've saved over 54 hours in my week!**

I have been working diligently to determine what I can delegate, what I can eliminate, and what I can do to improve my life by aligning with my personal mission. It's one thing to say my mission out loud, but it's another to actually follow through.

Cameron Ericson
1d · 📍

[WIN]

Hey HPTP fam! So far in Richard Yu's High Performance Training Program, **I've saved over 16 hours in my week!**

I have been able to manage my **full time job, school, working out, cooking, boxing, time with friends and family** a lot better since I started this program. I have also realized how much time I have spent on social media a day. To fix this, I created four 15 minute intervals each day that I go on social media. Writing in my journal helps me get all my thoughts out of my head and on paper! I have had a difficult time managing my thoughts and being able to write them down really feels good. I am very excited for the rest of this program and what is has to offer!

Thank You,

Cameron

Grace Osinowo ▶ The High Performance Training Program
13h · 📍

Hey HPTP fam! So far in Richard Yu's High Performance Training Program, **I've saved over 9.5 hours in my week!**

I saved a lot of time by delegating doing the groceries and cooking. I also saved some time by watching my netflix series in the weekend on my rest day. I have been using a pomodoro timer while doing my tasks. It gave me more understanding how much time I spend on my tasks and helps me to plan those tasks in the future. 🙌

Joey Liu 🌟
1) 7 2) ATE WITH MY ACCOUNTABILITY PARTNER **Victor He!** Loved it! Consistent with the ongoing morning routine. **Saved almost 3 hours every single day of last week** because of phone/YouTube restrictions. Prioritizing work first.

Miguel Bargaso ▶ The High Performance Training Program
1d · 📍

Hey HPTP fam! So far in **Richard Yu's** high performance training program **I've saved over 10.5 hours in my week!** Not only that but being in such a **VALUABLE** program and amazing community, I've attained such great insights upon life and people and my mindset upon everything has entirely shifted and changed for the better!! My drive for success has greatly increased and my work ethic has improved immensely. I've truly become a more high performing person and I couldn't have done it without Richard and the incredible individuals I've met through the past 4 weeks. And I am so so grateful, so pumped to go through the next half of this program cause I know it's only UP from here. I hope you guys also continue to excel in life with this program and let's **#growtogether**

Josh Chan ▶ The High Performance Training Program
Jul 14 · 📍

[WIN]

Hey HPTP fam! So far in Richard Yu's High Performance Training Program, **I've saved over 18 hours in my week!**

Nathaniel Boechat ▶ The High Performance Training Program
3d · 📍

[WIN]

I looked back on the High Performance Time Matrix Worksheet and just by cutting out my phone to 3x 10 mins checking updates and saying NO to things that are not my job I am able to save **anywhere from 15-20 hours a week at work**. I'm completing things faster and I have more time to research and work on my own projects.

Justin Connolly ▶ The High Performance Training Program
Jul 13 · 📍

[Performance Accountability Module 3/Bonus Accountability Module 4/Win!!]

Hey Everyone 🙌!!!!

What an AMAZING week!! First and foremost I would like to give thanks to Danny Ying for helping me find my path. **Morgan Wu** for being so open with me, and Grace Osinowo for sharing her faith and bringing value to people's lives. It was after this week I decided to step out and make the "Lighthouse post" as well as shout outs to join **Richard Yu's** program!!! I also had a great conversation earlier this week and was able to spread the good words of Christ to a close friend of mine!! It was truly a powerful experience and I thank God for this wonderful opportunity 🙏🙌🙏🙌🙏🙌🙏🙌 I have also implemented "venmo" with my accountability partners which has helped me not fall back into my old bad habits). I used the Networking strategies to meet new people and I am grateful for this program and community 🙏 And to top it all off I know this sounds crazy but I had a social media addiction and currently I'm not at school or working. With that being said, I **saved an astronomical 60 hours!** I was on my phone for **at least 8hrs a day and I felt horrible**. I had been stretching myself too thin, trying to attack a bunch of goals at the same time and what ended up happening was overwhelm. I got nothing done. But with the help of **Danny Ying** I was able to find my path and F.O.C.U.S. Now I put all my effort towards my Olympic career vs trying to start a YouTube channel and an online business at the same time.

Smith Patel ▶ The High Performance Training Program
3d · 📍

[WIN]

Hey HPTP fam! So far in Richard Yu's High Performance Training Program, **I've saved over 15 hours in my week!**

Get Started Now!